

# Housework responsibilities

**Task**

**Name**

**Overall Tasks**

Meal planning and writing the shopping list

Food shopping

Laundry (clothing)

Ironing

Washing/changing bed sheets and towels

Cleaning the kitchen

Cleaning bathrooms

Vacuuming

Dusting

Taking out the rubbish and recycling

Other (add your own)

M T W TH F S SU

**Daily Tasks**

Preparing and cooking meals

Washing dishes/(un)loading dishwasher

General tidying up

Other

**Name**

**Family, Social & Repairs**

Managing family schedule (appointments, etc.)

Making social arrangements

Organising quality time as a couple

Gardening and watering plants

Car/bike maintenance

Managing home improvements or repairs

Managing domestic services (cleaners, etc.)

Other

**Admin, Financial & Shopping**

Sorting post and online mail

Paying bills

Paying rent/mortgage

Budget planning

Managing savings, investments and insurance

Buying household items (tableware, towels etc.)

Buying gifts for friends/family

Researching major purchases

Planning and booking holidays/leisure activities

Ordering and buying pet supplies

Other

M T W TH F S SU

**Pet Care**

Feeding

Dealing with waste

Exercise, play and training

Other

Tips on the next page!

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# Top tips

- Find what works for you, every couple is different
- Move on from disagreements and come back to them at the end
- Complete the baby care wall chart alongside
- Does it seem fair once completed?



## Adapt it to suit your needs



### Frequency

In your household, some tasks might be performed weekly rather than daily, and others multiple times a day. For example, you might split out who makes lunch and dinner, or organise meals on a weekly basis. Customise the wall chart to suit your rhythm.



### Tasks

Some tasks may be irrelevant for your household and can be removed, for example, you may not have a pet. You might also want to break down some tasks, for example, if one person washes dishes and the other dries them. Add new tasks and sub-tasks into the 'Other' lines.



### Split responsibilities

If both of you are responsible for a task, decide how that will work between you. Do you split it based on time of day (e.g. morning vs. evening), by different sub-tasks (e.g. energy vs. council tax bills), or by alternating? If it is not clear, one of you will probably end up doing most of it.

## Handy Pointers

Most couples have different expectations and standards for how things should be done. That is fine as long as you discuss it and come to an understanding.

Don't forget 'hidden' work. If you are responsible for a task, that means remembering to do it, any research related to it and keeping track of it. If you find you have to remind each other about tasks you are not responsible for, there are probably different expectations worth discussing.

Update as often as needed. If your situation changes or you find something is not working, come back to the chart and update it.

Some tasks take longer than others. For example, cleaning the kitchen takes longer than taking out the rubbish. Account for that when dividing responsibilities.

